

THE FOUR TURNINGS

	FIRST	SECOND	THIRD	FOURTH
Description	The First Turning is a High , an upbeat era of strengthening institutions and weakening individualism, when a new civic order implants and an old values regime decay.	The Second Turning is an Awakening , a passionate era of spiritual upheaval, when the civic order comes under attack from a new values regime.	The Third Turning is an Unraveling , a down-cast era of strengthening individualism and weakening institutions, when the old civic order decays and the new values regime implants.	The Fourth Turning is a Crisis , a decisive era of secular upheaval, when the values regime propels the replacement of the old civic order with a new one.
	Spring	Summer	Autumn	Winter
Examples	Queen Anne’s War War of 1812 Korean War	English Civil Wars Pequot War King George’s War Second Seminole War Spanish-American War Philippine Insurrection Vietnam War	French Indian War Mexican War World War I Operation Desert Storm Wars in Iraq/Afghanistan	War of the Roses Anglo-Spanish War King Philip’s War Beacon’s Rebellion King William’s War Glorious Revolution American Revolution American Civil War World War II
Periods				

Social Moods During Each Turning				
Families	Strong	Weakening	Weak	Strengthening
Child Nurturing	Loosening	Under protective	Tightening	Overprotective
Gaps between Gender Roles	Maximum	Narrowing	Minimum	Widening
Ideals	Settled	Discovered	Debated	Championed
Institutions	Reinforced	Attacked	Eroded	Founded
Culture	Innocent	Passionate	Cynical	Practical
Social Structure	Unified	Splintering	Diversified	Gravitating
Worldview	Simple	Complicating	Complex	Simplifying
Social Priority	Maximum community	Rising Individualism	Maximum individualism	Rising community
Social Motivator	Shame	Conscience	Guilt	Stigma
Sense of Greatest Need	Do what works	Fix inner world	Do what feels right	Fix outer world
Vision of Future	Brightening	Euphoric	Darkening	Urgent
Supply of Social Order	Rising	High	Falling	Low
Wars	Restorative	Controversial	Inconclusive	Total
GENERATIONAL ATTRIBUTES OF THE FOUR CYCLES				
Temperaments & Archetypes				
Generational Personas	HERO	ARTIST	PROPHET	NOMAD
Current Gens (years +/-)	Millennials (1981-1996)	Homelander / "Z" (1997-2012)	Boomer (1955-1964)	X'er (1965-1980)
Classical	Sanguineous (Outer-driven, optimistic)	Choericus (emotionally expressive)	Melancholia (inner-driven, pessimistic)	Phlegmaticus (emotionally reserved)
Classic Deity	Prometheus	Dionysus	Apollo	Epimetheus
Homer	Nestor (sagacious)	Agamemnon (accursed)	Odysseus (hubristic)	Telemachus (deferential)
Old Testament	Moses (prophetic)	Golden Calf (faithless)	Joshua (heroic)	Judges (administrative)
Heraclitan Quaternity	Wet	Hot	Dry	Cold

Cardinal Virtue	Temperantia	Prudentia	Iusticia	Fortitudo
Adickes World Views	Traditional	Agnostic	Dogmatic	Innovative
Spranger Life Type	Theoretical	Aesthetic	Religious	Economic
Kretschmer Temperament	Anesthetic	Hypersensitive	Melancholic	Hypomaniac
Jungian	Reason	Intuition	Feeling	Sensation
Myer-Briggs	Intuitive-Thinking	Sensation Perception	Intuitive Feeling	Sensation-Judging
Thompson Social	Headman (King)	Clown (Artist)	Shaman (Priest)	Hunter (Soldier)
Moore-Gillette Male Type	King	Lover	Magician	Warrior
Polybius	Populist	Anarchic	Kingly	Aristocratic
Ibn Khaldun	Ignoring	Despising	Founding	Admiring
Ferrari	Revolutionary	Reactionary	Harmonizing	Preparatory
Wechsler	Organic (myth, circle)	Personal (epic, spiral)	Mechanical (science, pyramid)	Mathematical (rhetoric, cone)
Toynbee	War-declaring	Too old to fight	Warfighting	Too young to fight
Marias	Reflective	Anti-Custom	Initiating	Conformist
Parsons	Moral suasion	Commerce	Political Power	Reputation
Huntington	Moralizing	Cynical	Institutionalizing	Hypocritical
Moderski	Normative	Competitive	Constructive	Adaptive
	HERO	ARTIST	PROPHET	NOMAD
Generations Monikers	Arthurian Elizabethan Glorious Republican – G.I. Millennial	Humanist Parliamentary Enlightenment Compromise Progressive Silent Homelander / “Z”	Reformation Puritan Awakening Transcendental Missionary Boom	Reprisal Cavalier Liberty Gilded Lost Gen X
Reputation as Child	Good	Placid	Spirited	Bad
Coming of Age	Empowering	Unfulfilling	Sanctifying	Alienating

Primary Focus Coming of Age	Outer world	Inter-dependency	Inner world	Self-sufficiency
Young Adulthood	Building	Improving	Reflecting	Competing
Transition in Midlife	Achieving too confident	Conformist to experimental	Detached too judgmental	Risk-taking to exhausted
Leadership style Entering Elderhood	Collegial, expansive	Pluralistic, Indecisive	Principled, Judgmental	Solitary, Pragmatic
Reputation as Elder	Powerful	Sensitive	Visionary	Tough
Treatment as Elder	Rewarded	Liked	Respected	Abandoned
How it is Nurtured	Tightening	Overprotective	Relaxing	Under protective
How it Nurtures	Relaxing	under protective	Tightening	Overprotective
Positive Reputation	Rational Selfless Competent	Expert Open-minded Caring	Principled Resolute Creative	Perceptive Practical Effective
Negative Reputation	Unreflective Duteous Hubristic	Conformist Complicating Indecisive	Narcissistic Willful Unyielding	Desperate Uncultured Reckless
Endowments	Community Affluence Technology	Arts & Letters Expertise Due Process	Values Vision Religion	Survival Honor Liberty